

PYH402

Counselling Psychology

[View Online](#)

Axten, David, Guy, Glen, and Lowe, Roger. 2005. 'Introduction and Principles to Practice'. Videorecording. In *Good Question! : Solution Oriented Counselling*, 1–3. [Kew, Vic.]: PsychOz Pubs.

Bannink, Fredrike. 2010. 'Chapter 10: 1001 Solution-Focused Questions'. In *1001 Solution-Focused Questions: Handbook for Solution-Focused Interviewing*, 2nd; Rev. ed., 149–93. New York: W.W. Norton.

Barlow, David H, ed. 2014. *Clinical Handbook of Psychological Disorders: A Step-by-Step Treatment Manual*. Fifth edition. New York, NY: The Guilford Press.
<https://ebookcentral.proquest.com/lib/qut/detail.action?docID=1641469>.

Brewin, Chris. 1996. 'Theoretical Foundations of Cognitive-Behaviour Therapy for Anxiety and Depression'. *Annual Review of Psychology* 47: 33–57.
<https://www.proquest.com/docview/205800082/fulltextPDF/A8EC81CB25544A2FPQ/2?accountid=13380>.

Bruijnicks, Sanne J. E., Judith Bosmans, Frenk P. M. L. Peeters, Steven D. Hollon, Patricia van Oppen, Michael van den Boogaard, Pieter Dingemans, et al. 2015. 'Frequency and Change Mechanisms of Psychotherapy among Depressed Patients: Study Protocol for a Multicenter Randomized Trial Comparing Twice-Weekly versus Once-Weekly Sessions of CBT and IPT'. *BMC Psychiatry* 15 (1). <https://doi.org/10.1186/s12888-015-0532-8>.

'Code-of-Ethics-APS.Pdf'. n.d.
<https://www.psychology.org.au/getmedia/67370669-e701-4b1d-9ef9-c5b8e0011da8/Code-of-Ethics-APS.pdf>.

Cuijpers, Pim, Tara Donker, Myrna M. Weissman, Paula Ravitz, and Ioana A. Cristea. 2016a. 'Interpersonal Psychotherapy for Mental Health Problems: A Comprehensive Meta-Analysis'. *American Journal of Psychiatry* 173 (7): 680–87.
<https://doi.org/10.1176/appi.ajp.2015.15091141>.

———. 2016b. 'Interpersonal Psychotherapy for Mental Health Problems: A Comprehensive Meta-Analysis'. *American Journal of Psychiatry* 173 (7): 680–87.
<https://doi.org/10.1176/appi.ajp.2015.15091141>.

Cuijpers, Pim, PhDGeraedts, Anna S, MAvan Oppen, Patricia, PhDAndersson, Gerhard, PhDMarkowitz, John C, MD. n.d. 'Interpersonal Psychotherapy for Depression: A Meta-Analysis'. *The American Journal of Psychiatry* 168 (8): 581–92.
<https://ajp.psychiatryonline.org/doi/full/10.1176/appi.ajp.2010.10101411>.

Dickerson, Victoria C. 2010. 'Positioning Oneself within an Epistemology: Refining Our Thinking about Integrative Approaches'. *Family Process* 49 (3): 349-68.
<https://search.ebscohost.com/login.aspx?direct=true&AuthType=sso&custid=qu&db=c8h&AN=105096423&site=ehost-live&scope=site>.

DiMauro, Jennifer, Janine Domingues, Geraldine Fernandez, and David F. Tolin. 2013. 'Long-Term Effectiveness of CBT for Anxiety Disorders in an Adult Outpatient Clinic Sample: A Follow-up Study'. *Behaviour Research and Therapy* 51 (2): 82-86.
<https://doi.org/10.1016/j.brat.2012.10.003>.

Duncan, Barry L. and American Psychological Association. 2010. 'Chapter 1 Introduction Pp.33-40 : Chapter 3 : Clients : The Neglected Common Factor in Psychotherapy Pp. 83-111'. In *The Heart and Soul of Change: Delivering What Works in Therapy*, 2nd ed. Washington, DC: American Psychological Association.

Elliott, Robert, Arthur C. Bohart, Jeanne C. Watson, and Leslie S. Greenberg. 2011. 'Empathy'. *Psychotherapy* 48 (1): 43-49.
<https://search.ebscohost.com/login.aspx?direct=true&AuthType=sso&custid=qu&db=pdh&AN=2011-04924-007&site=ehost-live&scope=site>.

Feller, Candi P., and R. Rocco Cottone. n.d. 'The Importance of Empathy in the Therapeutic Alliance'. *Journal of Humanistic Counseling, Education and Development* 42 (1): 53-61.
<https://www.proquest.com/docview/212471993?accountid=13380>.

Frank, Ellan and Levenson, Jessica C. 2011. 'Chapter 4 : The Therapy Process'. In *Interpersonal Psychotherapy*, 1st ed, *Theories of psychotherapy series*:31-78. Washington, DC: American Psychological Association.

Gelso, Charles J., and Jean A. Carter. 1994. 'Components of the Psychotherapy Relationship: Their Interaction and Unfolding during Treatment'. *Journal of Counseling Psychology* 41 (3): 296-306.
<https://search.ebscohost.com/login.aspx?direct=true&authtype=sso&custid=qut&db=pdh&AN=1994-38236-001&site=ehost-live&scope=site>.

George, E, Iveson, C, and Ratner, H. 2006. 'Assumptions: The Therapeutic Relationship'. In *Briefer: A Solution Focused Manual*, 26-29. Brief.

Kitchener, Karen S. 1984. 'Intuition, Critical Evaluation and Ethical Principles: The Foundation for Ethical Decisions in Counseling Psychology'. *The Counseling Psychologist* 12 (3): 43-55. <https://doi.org/10.1177/0011000084123005>.

Kitchener, Karen S., and Sharon K. Anderson. 2011. *Foundations of Ethical Practice, Research, and Teaching in Psychology and Counseling*. Electronic resource. 2nd ed. New York: Routledge. <https://www.taylorfrancis.com/books/9780203893838>.

Klerman, Greald L. et al. 1994. 'Chapter 7: Interpersonal Role Disputes'. In *Interpersonal Psychotherapy of Depression*, 1st softcover ed, *The Master work series*:104-19. Northvale, N.J.: J. Aronson.
<https://ebookcentral.proquest.com/lib/qut/reader.action?docID=1061116&ppg=96>.

Leary, Mark R., and Roy F Baumeister. 1995. 'The Need to Belong: Desire for Interpersonal Attachments as a Fundamental Human Motivation'. *Psychological Bulletin* 117 (3):

497–529.

<https://search.ebscohost.com/login.aspx?direct=true&AuthType=sso&custid=qu&db=pdh&AN=1995-29052-001&site=ehost-live&scope=site>.

M Feijo de Mello, Marcelo Feijo de Mello, Jair de Jesus Mari, Josue Bacaltchuk, Helen Verdeli, and Richard Neugebauer. 2005. 'A Systematic Review of Research Findings on the Efficacy of Interpersonal Therapy for Depressive Disorders'. *European Archives of Psychiatry and Clinical Neuroscience* 255 (2): 75–82.

<https://www.proquest.com/docview/214160475/B4DAF53284454D67PQ/1?accountid=13380>.

Markowitz, John C., and Myrna M. Weissman. 2012. 'Interpersonal Psychotherapy: Past, Present and Future'. *Clinical Psychology & Psychotherapy* 19 (2): 99–105.

<https://doi.org/10.1002/cpp.1774>.

Mckergow, M and Korman, H. 2009. 'Inbetween - Neither inside nor Outside:The Radical Simplicity of Solution-Focused Brief Therapy'. *Journal of Systemic Therapies* 28 (2): 34–49.

<https://www.proquest.com/docview/222478386/fulltext/2030820F048D448BPQ/1?accountid=13380>.

Miller, Scott D. 1997. 'Chapter 2: Escape from Babel: Building a Unifying Language for Psychotherapy Practice'. In *Escape from Babel: Toward a Unifying Language for Psychotherapy Practice*, 19–33. New York: Norton.

Morgan, Alice. 2000. 'Externalizing Conversations: Naming the Problem'. In *What Is Narrative Therapy? An Easy-to-Read Introduction*, 17–31. Adelaide, S. Australia: Dulwich Centre Publications.

O'Connell, Bill. 2003. 'Introduction to the Solution-Focused Approach'. In *Handbook of Solution-Focused Therapy, Brief therapies series:1–11*. London: SAGE.

<https://doi.org/10.4135/9781446280478.n1>.

———. 2005. 'Chapter 8 : Frequently Asked Questions About SFT'. In *Solution-Focused Therapy, 2nd ed, Brief therapies series:102–13*. London: SAGE.

'Research Summary on the Therapeutic Relationship and Psychotherapy Outcome.' 2001. *Psychotherapy: Theory, Research, Practice, Training*.

<https://search.ebscohost.com/login.aspx?direct=true&AuthType=sso&custid=qu&db=pdh&AN=2002-01390-002&site=ehost-live&scope=site>.

Sachsenweger, Mieke A., Richard B. Fletcher, and Dave Clarke. 2015. 'Pessimism and Homework in CBT for Depression'. *Journal of Clinical Psychology* 71 (12): 1153–72.

<https://doi.org/10.1002/jclp.22227>.

Stuart, Scott, MD. n.d. 'Interpersonal Psychotherapy: A Guide to the Basics'. *Psychiatric Annals* 36: 542–50.

<https://www.proquest.com/docview/217058126/fulltextPDF/900EE32A71DB4384PQ/1?accountid=13380>.

Stuart, Scott and Robertson, Michael. 2003. 'Chapter 2 : Theory and Clinical Applications'. In *Interpersonal Psychotherapy*, 13–34. London: Chapman and Hall/CRC.

<https://ebookcentral.proquest.com/lib/qut/reader.action?docID=5534269&ppg=32>.

Stuart, Scott, and Michael Robertson. 2012. *Interpersonal Psychotherapy 2E : A Clinician's Guide*. Electronic resource. 2nd ed. London: CRC Press.

<https://qut.ebilib.com.au/patron/FullRecord.aspx?p=1565636>.

The Australian Psychological Society. 2004. 'Guidelines for Managing Professional Boundaries and Multiple Relationships'. In *APS Ethical Guidelines*, 6th ed., 49–51. Melbourne, Vic.: Australian Psychological Society.

———. n.d. 'Ethical Guidelines on Reporting Abuse and Neglect, and Criminal Activity'. In *APS Ethical Guidelines*, 14th ed.

<http://libcat.library.qut.edu.au/search~S8?/tAPS+Ethical+guidelines/taps+ethical+guidelines/1%2C1%2C2%2CB/frameset&FF=taps+ethical+guidelines&2%2C%2C2>.

Van Orden, Kimberly et al. 2005. 'Chapter 6 : Interpersonal Factors as Vulnerability to Psychopathology Over the Life Course'. Electronic resource. In *Development of Psychopathology: A Vulnerability-Stress Perspective*, 136–60. Thousand Oaks, Calif: Sage Publications. <https://sk.sagepub.com/books/development-of-psychopathology>.

Wampold, Bruce E. 2015. 'How Important Are the Common Factors in Psychotherapy?' *World Psychiatry* 14 (3): 270–77.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4592639/pdf/wps0014-0270.pdf>.

Wampold, Bruce E., and Zac E. Imel. n.d. 'What Do We Know about Psychotherapy? And What Is There Left to Debate?'

<http://societyforpsychotherapy.org/what-do-we-know-about-psychotherapy-and-what-is-the-re-left-to-debate/>.

Weissman, Myrna M. et.al. 2007. 'Chapter 1 : What Is IPT'. In *Clinician's Quick Guide to Interpersonal Psychotherapy*, 3–11. Oxford: Oxford University Press.

<https://ebookcentral.proquest.com/lib/qut/reader.action?docID=430308&ppg=18>.

Wenzel, Amy. 2014. *Strategic Decision Making in Cognitive Behavioral Therapy*. First edition. Washington, DC: American Psychological Association.

<https://search.ebscohost.com/direct.asp?&authtype=sso&custid=qut&db=pzh&jid=201302671&scope=site>.

Xinyu Zhou. 2015. 'Comparative Efficacy and Acceptability of Psychotherapies for Depression in Children and Adolescents: A Systematic Review and Network Meta-Analysis'. *World Psychiatry* 14 (2). <https://doi.org/10.1002/wps.20217>.

Young, Jami F and Mufson, Laura. 2009. 'Chapter 11 : Interpersonal Psychotherapy For Adolescents'. In *Treatments for Adolescent Depression: Theory and Practice*, 261–82. Oxford: Oxford University Press.